

## *course objectives*

On completing this qualification candidates should be able to understand:

- The procedures to be followed in the event of a fire.
- The principles of combustion.
- Basic fire prevention.
- Arson prevention
- Personal protection.
- The correct use of all types of extinguishers.
- Movement in smoke
- Evacuation procedures and the control of personnel

## *who is the course for?*

For individuals who have been designated a fire marshal or fire warden and have specific duties towards fire prevention and evacuation.

## *duration / format / assessment*

The programme is designed to be delivered in 4 hours

## *instructor / trainee ratio*

**Min** 1: 6      **Max** 1:12

## *awarding body / certification*

Certificate of attendance

## *course content*

- Basic duties of the fire marshal/warden
- The fire triangle
- Heat transfer.
- Common sources of fire
- Fire extinguishers.
- Fire Exits, Emergency Exit Routes, Signs,
- Emergency Lighting & Fire Alarms
- Evacuation procedures.
- Practical extinguisher discharges.

## *course requirements / notes*

Wherever possible "Live-fire" practical fire extinguisher demonstrations will be carried out outside following a suitable risk assessment.

## *further information / contact us*

Cognet Limited  
County House  
St Mary Street  
Worcester  
Worcestershire WR1 1HB  
**Telephone: 0800 7811041 or 01905 28326**  
**Email:** info@cognet.training  
**Web:** www.cognet.training

### ***training timetable***

<b>Time</b>	<b>Activity</b>	<b>Duration</b>
09:00 – 09:10	Domestics, Review timetable for the training session	10 mins
09:10 – 09:15	State SMART Aims and Objectives for the day	5 mins
09:15 – 10:00	Duties of the fire warden / fire marshal	45 mins
10:00 – 10:45	Understanding fire - fire triangle, causes, transfer of heat	45 mins
10:45 – 11:00	<b>Break</b>	15 mins
11:00 – 11:30	Fire exits, signage, emergency lighting and evacuation routes.	30 mins
11:30 – 11:45	Fire alarms and evacuation procedures	60 mins
11:45 – 12:45	Correct use of fire extinguishers with practical discharge session	15 mins
12:45 – 13:00	Review aims and Objectives, questions and feedback	15 mins
	Course close	

Please note that the above is for guidance only. Actual course timings may differ.

### ***pre-course reading***

None.

### ***awarding body contact details***